



## **200Hr Vinyasa Yoga Teacher Training With Kim Zegil ERYT and Guests**

### **Application Process:**

Please submit Application below either via Snail Mail or Electronically to [kimz@gottayogastudio.com](mailto:kimz@gottayogastudio.com) accompanied by required \$300 deposit. Please contact Kim by email for questions regarding curriculum or to decide if program is right for you. Kim is also available via phone by request. Deposit will be processed on acceptance of application.

### **Cancellation Policy:**

All Deposits and or Tuition can be refunded (-\$150 Administration Fee) if Cancellation notice is received 7 days prior to First Module. A 75% Refund of Tuition (-150 Administration Fee) can be returned if Cancellation is received within 3 Business days of First Module. Once training has begun there is No Refund.

### **Participation and Certification:**

Full class participation, successful completion of the assigned curriculum and self-study are required to receive your Gotta Yoga – Yoga Alliance 200hr Teaching Certificate of completion.

If life finds it necessary to miss some training sessions, hours can be made up at the rate of \$65 per hour with Kim. Please make every effort to attend required hours. There will be short reading/homework assignments to be completed by in between modules.

### **Required Reading:**

There is a Required Reading/Book list accompanied with this application. It is your responsibility to have these books with you first day of training and recommended although not required to go ahead and begin reading. Lots of information!! One Teacher Training Manual per student will be provided and included in tuition.

### **Current YTT Offered:**

#### **Eight Weekend Modules:**

**Feb 10-12, Feb 24-26, Mar 9-11, Mar 23-25, Apr 13-15, Apr 27-29, May 4-6, May 18-20**

Times will be 8:30 am — 6:00 pm each day

**Please print**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I accept the tuition, curriculum, certification and cancellation policies for this program, and give Gotta Yoga permission to use my photograph, image or any videos taken during training for training purposes and/or promotional use, without compensation.

**1. Describe your yoga practice/experience... How long? How often? Style?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**2. Why do you practice yoga?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**3. What is your intention for this Teacher Training?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**4. What is your current occupation?**

\_\_\_\_\_

**5. Do you have any injuries or physical limitations that could effect this training or your practice?? Please list current medications.**

\_\_\_\_\_  
\_\_\_\_\_

**5. How would you describe yourself to someone that did not know you??**

\_\_\_\_\_  
\_\_\_\_\_

**6. Do you have any fears or doubts in regards to the Teacher Training? If so, please share.**

\_\_\_\_\_  
\_\_\_\_\_

**Required Reading:\***

**Lasiter, Judith: *Living Your Yoga***

**Long, Ray: *The Key Muscles of Hatha Yoga***

**Roach, Michael: *How Yoga Works***

**Gates, Rolf: *Meditations From the Mat***

**Fuerstein: *Patanjali's Yoga Sutras***

**Farhi, Donna: *Teaching Yoga (Exploring the teacher-student relationship)***

*\*\* Books are not included in Tuition and may be available at Gotta Yoga*

**Submit Both Application and Fees**

**Gotta Yoga Studio  
9539 Pinnacle Dr, Suite 300  
Charlotte, NC 28269**

**704-688-7256  
kimz@gottayogastudio.com**

**Credit Card Authorization** *Or call: 704-688-7256*

Card Type:     VISA     MasterCard (MC)

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Name on Credit Card: \_\_\_\_\_

Billing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Purchaser's Name (print): \_\_\_\_\_

Purchaser's Signature (sign): \_\_\_\_\_ Date: \_\_\_\_\_

By signing this form I affirm that I am authorized to use the above credit card, and agree to accept full responsibility for all authorized charges.



Gotta Yoga Studio  
9539 Pinnacle Drive, Ste 350  
Charlotte, NC 28262  
(704) 688-7256  
gottayogastudio.com

## Gotta Yoga Studio – 200 Hour Yoga Teacher Training Payment Plan Agreement

Thank you for your interest in Gotta Yoga’s 200 hour yoga teacher training program. We realize that as much as you want to complete a teacher training program, it can be difficult to make one large payment. We would like to alleviate some of the burden of paying all at once. To that end, we have designed the following payment plan.

**\$150** Non-Refundable deposit due by **January 27, 2012**

**\$406.25** Payment due by **February 10, 2012**

**\$556.25** Payment due by **March 9, 2012**

**\$556.25** Payment due by **April 13, 2012**

**\$556.25** Payment due by **May 4, 2012**

If the amounts listed above are not paid by the date listed, you will **not** be allowed to attend any further teacher training sessions. There will be **no refunds** made for any amount once paid.

This agreement does not override any of the stipulations in the yoga teacher training application other than the payment requirement.

I have read and understood all the stipulations contained in this payment plan agreement. By signing below, I acknowledge my agreement to all the stipulations.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

